

KIDSTRONG



- Kidstrong is a science-based program that helps parents build strong, confident, high-character kids.

Matt and Megin originally created KidStrong for their daughter Ella to help her become strong and independent.

This simple goal led to the formation of a team of experts who built a unique curriculum focused on building stronger kids through innovative training.

SITE REQUIREMENTS

- 3,000sf -4,500sf

TARGET MARKETS

- Select Franchisee Hartford County

