

# SEEKING SITES



# SELECT MARKETS CONNECTICUT

## 2,000SF - 3,000SF



### ► Site Criteria:

- Neighborhood Strip Center, Power Center, Regional Mall

### ► About Us:

- F45 offers innovative, high-intensity functional group workouts that are fast, fun and results-driven. Our goal is to help you become your fittest, strongest and healthiest self.
- With more than 5,000 different movements specifically developed by our global athletics team, no two workouts are the same, keeping members challenged and having fun.
- All of F45's coaches are certified personal trainers who have the skills to safely modify each movement to any member's individual needs.
- The F45 Nutrition Portal offers an easy to follow online diet program that complements our training and takes the guesswork out of choosing the right foods.



## CONTACT US:

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