

SEEKING SITES

|| pause

NEW YORK & CONNECTICUT

2,800 SF



► Site Criteria:

- Neighborhood Strip, Regional Mall, Strip Center, Free-Standing

► About Us:

Mind and body recovery in the current technological age requires holistic and modern solutions. Combining the world's most advanced recovery modalities with inspired design and experiential service, Pause Studio is redefining one-stop wellness for today's demanding lifestyle. Whether it's an other-worldly float, the detox of an infrared sauna, or a replenishing vitamin-packed IV drip, Pause gives you everything you need so you can be everything you're meant to be.

Pause was founded as a float studio in 2016 in Venice Beach, California, by two former Equinox Executives, Jeff Ono and John Klein. In 2023, Pause expanded into franchising and entered a period of rapid growth. With over 100 territories awarded and 25 locations set to open in 2025, Pause is emerging as a dominant player in the national wellness space.

CONTACT US:

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